

# Puppy Health Care Routine

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- **Diet:** Premium puppy food until 1 year of age is recommended. Feeding a high quality puppy food ensures the diet is fully balanced, and meeting all nutritional needs for growth.

Encouraging eater consumption is important in canines, who are carnivores and hence have a high protein diet which puts a strain on their kidneys.

- **Socialisation:** This is especially important at 6-16weeks of age. This relates to socialisation with people, other dogs and other animals, as well as different environments. Puppy school is ideal, and play dates with family or friends' dogs (that are vaccinated and healthy) is great.

Start training early on, using positive rewards & reinforcement. Get your puppy used to you checking in eyes, ears, between the feet and on the belly. This will help their future check ups seem less intimidating!

If you are have any behavioural concerns, or fear / anxiety issues, then early intervention is paramount - we can direct you to good dog trainers &/or veterinary behaviourists as needed.

- **Pet insurance:** We recommend insuring EVERY pet, and from an early age. It is important to ensure coverage starts before any 'pre-existing' conditions or injuries could arise. There is no "Medicare for pets" so veterinary costs are simply expensive.

See below for our "check list" of kitten care, including vaccinations & worming.

Age	Clinic Recommendations
<b>8 weeks</b>	<input type="checkbox"/> <sup>st</sup> <input type="checkbox"/> 1 Vaccination - F3 <input type="checkbox"/> Intestinal worming <input type="checkbox"/> Heartworm prevention <input type="checkbox"/> Microchip <input type="checkbox"/> Flea, tick and mite prevention
<b>10 weeks</b>	<input type="checkbox"/> Intestinal worming
<b>12 weeks</b>	<input type="checkbox"/> <sup>nd</sup> <input type="checkbox"/> 2 Vaccination - F4 <input type="checkbox"/> Intestinal worming <input type="checkbox"/> Heartworm prevention <input type="checkbox"/> Flea, tick and mite prevention
<b>16 weeks</b>	<input type="checkbox"/> <sup>rd</sup> <input type="checkbox"/> 3 Vaccination - F4 <input type="checkbox"/> Intestinal worming <input type="checkbox"/> Heartworm prevention <input type="checkbox"/> Flea, tick and mite prevention
<b>5 months</b>	<input type="checkbox"/> Heartworm prevention <input type="checkbox"/> Flea, tick and mite prevention
<b>6 months</b>	<input type="checkbox"/> Sterilisation <input type="checkbox"/> Heartworm prevention <input type="checkbox"/> Flea, tick and mite prevention
<b>Adulthood 1yr+</b>	<input type="checkbox"/> Diet: Premium adult food <input type="checkbox"/> Vaccination: Yearly <input type="checkbox"/> Heartworm: Monthly <input type="checkbox"/> Intestinal Worming: Every 3 months <input type="checkbox"/> Flea, tick and mite prevention: Monthly

